

## December Hockey Game Dates

Dec 2nd  
Dec 3rd  
Dec 9th  
Dec 10th  
Dec 21st  
Dec 22nd  
Dec 30th  
Dec 31st

Call Carla @ 391-4621 or email to:  
grammy@rap.midco.net, if you can  
help with our Hockey store  
fundraiser.

## Widowed Persons Service

PO Box 3023  
Rapid City, SD 57709  
605-838-0419

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### Anxiety in Relation to Grief

Have you experienced:

Sleep disturbances - A loss of energy - Stomach/Chest pain  
Lack of appetite - Mood swings - Depression - Anxiety attacks

Then please join us:

Tuesday, Dec 6 2011 - 7:00 pm  
Canyon Lake Senior Center  
1900 Canyon Lake Dr - Rapid City



This will be a speaker presentation by Rex Briggs, who has nearly 30 years devoted to the treatment of stress and anxiety. Please join us to learn more about helping ourselves cope with the anxieties brought into our lives with the loss of a loved one.

### Women's Coffee

Every Saturday AM 9:30 - 11:00

The Parkway Restaurant  
312 E Blvd in Rapid City

Contact: Millie @ 718-3772 or  
Kathy @ 341-1682

### Holiday Christmas Show

Come join us for a bit of Deadwood style holiday entertainment

Saturday - December 17, 2011  
Deadwood Mountain Grand Resort  
Doors open @ 6pm - Show starts @ 7pm  
Tickets are \$19/per person



This is a show with a Holiday Spectacular, but your heart will feel the Hometown Holiday warmth of this Deadwood style Christmas Show. It is hosted by a fictitious Kris Kringle, along with 12 singers and dancers.

To attend: Please make a reservation with Denise by **November 15th**. Seating will be reserved for all those who wish to attend. Each one attending will pay to Denise prior to the show, so just one lump sum may be paid to the Resort. Dinner is not included in this event.

We will keep a list of those interested in car pooling and we can arrange that, as needed.  
(Denise @ 342-1447 or denise4609@gmail.com)

### Men's Coffee

Only the 2nd Saturday in December  
due to Christmas holiday

December 10th - 9:00am

The Daily Grind - 410 5th St

Contact: Kemp @ 718-1753 or  
George @ 721-3811